



Office of the Chairman Students Mess
National Institute of Technology Srinagar
Hazratbal Srinagar Kashmir 190006(J&k)

Annexure-II

Mess Menu for Vegetarian Students

Day	Breakfast	Lunch	Dinner
Monday	Bread + Butter + Jam +Tea + Milk (200 ml)	Rice + Roti (4) + Tomato Paneer + Dal Rajma + Pickle	Rice +Roti (4) + Kadi Pakoda + Moong Dal + Halwa
Tuesday	Plain paratha + Aloo bhurji + Tea + Milk (200 ml)	Rice + Roti (4) + Black chana + zeera Aloo + pickle	Rice + Roti (4) + Mutter Aloo+ Dal Rajma + kheer
Wednesday	Chola Puri (4) +Tea + Curd+ Milk (200 ml)	Rice + Roti (4) + Aloo Gobi + Moong Dal+ pickle	Rice + Roti(4) + Palak Paneer + white Chana + Sweya
Thursday	Pyaaaz Paratha + Tea + Sauce + Milk (200 ml)	Rice + Roti (4) +(Kaia Chana + Aloo) + Mash Dal + pickle	Rice + Roti (4) + Bindi+ Dal Rajma + halwa
Friday	Gobi Paratha + Sauce + Tea + Milk (200 ml)	Rice + Roti (4) + Mix Veg (Gobi + Carrot + Aloo + Nutery + Mutter) + White chana+ pickle	Rice + Roti (4) + Mattar Paneer + Arhar Dal + kheer
Saturday	Puri (4) Black chana (dry) + Tea + Milk (200 ml)	Rice + Roti (4) + (looki Tomato) + yellow Dal + pickle	Rice + Roti (4) + Mix Veg + Mosoori Dal + sweya
Sunday	Aloo paratha (2) +Tea + sauce + Milk (200 ml)	Veg Fried Rice + Dal Rajma + Boondi Raita + Pickle	Rice + Roti (4) + Pyaaz Paneer + White chana + kheer

Note: Evening with Snacks

[Handwritten signatures and marks]